



Into the Depths:

An Advanced Training on Rituals, Shadow and Facilitation

<u>Maiden/Air/East</u>	<u>Mother/Fire/South</u>	<u>Queen/Water/West</u>	<u>Crone/North/Earth</u>
Carefree Exuberant Open Fun Silly Spinning Warrior Woman Virgin	Nurturing Caregiving Fortifying Courageous Bold Energetic Sensual/Sexual Patient	Enjoying the fruits of your labor Seasoned Mastery Self-Confident Self-Respect Empowered Gratitude	Wise Trickster Slow Silent Grounding Nourishing Rooted
Sunrise Mornings Springtime New Moon New Beginnings Seeds Initiation	Noontime Sun Afternoon Summer Full Moon Growth Flowers	Setting Sun Early Evening Waning Moon Autumn Harvest Celebration	Night time Winter Dark of the Moon Release Death
Breathe Communication Reading Writing Computers Phones Truth Seeking Intellect Boundaries Wind	Heart Love Passion Desire Sexuality Creativity Art	Mystery Intuition Women's Mysteries Womb Ocean Rivers Dreams Tears	Darkness Grief Mourning Barebones Trust Shadow Physical Body
Birds Athame Wands Incense Feathers Owl	Fire Candles Cats Lions Matches Burning	Bowls Meditation Fish Mermaids Shells Divination	Rocks Twigs Ashes Drum Beats Bears Earth