

# Life Changing Courses

BUILD & LEAD SOUGHT AFTER PROGRAMS THAT CREATE GLOWING FANS

## Life-Changing Courses Schedule

### Overview

- The program includes:
  - 10 Training Calls (21+ hours of content)
  - 9 (nine) 90-minute 'Get It Done' Curriculum Sessions
  - Ongoing Personalized Feedback from Team
  - 3-Day Retreat (January 12-14, 2024)
  - Curriculum, Exercise Creation & Inner Work Worksheets
- Bonuses:
  - 3-Day Marketing Bootcamp to Fill Your Life Changing Course (December 19-21)
  - Access to The Art of Client Transformation (April 2024)
  - Journaling Questions & Sequences for Breakthrough Exercises
  - Recorded Moon Circles and Experiential Ceremony
  - Lifetime access to recordings and resources

### Program Schedule 2023

#### Live Training Calls

##### **90-120 minutes calls that take place (mostly) on Mondays at 2 PM EST**

- Monday, November 6: Mine Your Thought Leadership & Shape Your Course Journey [3 hours]
- Monday, November 13: Map Your Hero's Steps & Content Points
- Monday, November 20: Go Even Deeper with your Curriculum
- Monday, November 27: Craft Your Curriculum Anchors
- Monday, December 4: Anatomy of an Experiential Exercise
- Monday, December 11: The 5 Experiential Exercise Types & Pathways
- Monday, December 18: Experiential & Somatic Exercise Lab
- TUESDAY, January 2: Choose Your Course Type & Leverage Your Course Components, Bonuses and Worksheets
- TBD: How to Navigate Online Tech for your Courses
- Monday, January 22: How to End an Online Course so that Participants Re-Sign with You [2.5 hours; starts at 3 pm ET]

## **Pre-Recorded Calls**

- Wednesday, November 29: Create your Course Contracts, Templates and Scheduling Systems (pre-recorded call)
- Wednesday, December 13: Journaling Questions & Sequences (pre-recorded call)
- Wednesday, December 20: Intro to Online Ritual, Circle and Ceremony (pre-recorded call)
- Monday, January 8: How to Facilitate Breakout Rooms & Manage Chat for Everyone's Learning (pre-recorded call)

## **Online Retreat**

- January 12-14 (Friday-Sunday)

## **Get-It-Done Days**

**90 minutes and start at 12 pm ET / 9 am PT**

- Friday, 11/10
- Thursday, 11/16
- Tuesday, 11/21 at **2 pm ET**
- Monday, 11/27
- Thursday 12/7
- Thursday 12/14
- Thursday 12/21
- Thursday, 1/4
- Thursday, 1/8
- Thursday, 1/18