



# *Sacred Depths* Certification

## Coaching Session Self-Assessment

Name of Client: \_\_\_\_\_

Session Date: \_\_\_\_\_

What did I do really well in the coaching session?

**What didn't work or go as well as I would have liked?**

**What is my intuition telling me about this client? What patterns/themes am I seeing between this client session and previous ones?**

**What questions could I have asked? What are some questions I could have asked differently?**

**What do I want to work on skills-wise, or shift inside myself for my next session with this client?**