



Deep Listening I

# 5 Principles

Foundational Principles  
to become a  
Masterful Listener

# 5 Principles

1. Everyone wants to be seen, heard, and loved

# 5 Principles

1. Everyone wants to be seen, heard, and loved



Keep an eye on creating & maintaining an  
**equal playing field**

# 5 Principles

1. Everyone wants to be seen, heard, and loved
2. Be truly present in every moment

# 5 Principles

1. Everyone wants to be seen, heard, and loved
2. Be truly present in every moment



Reminder that **energy follows energy**

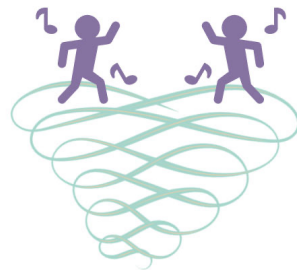
# 5 Principles

1. Everyone wants to be seen, heard, and loved
2. Be truly present in every moment
3. Listen to yourself as well as your client



# 5 Principles

1. Everyone wants to be seen, heard, and loved
2. Be truly present in every moment
3. Listen to yourself as well as your client



Listening is a dance between listening to  
**your client** and to **your inner wisdom**

# 5 Principles

1. Everyone wants to be seen, heard, and loved
2. Be truly present in every moment
3. Listen to yourself as well as your client
4. Be curious



# 5 Principles

1. Everyone wants to be seen, heard, and loved
2. Be truly present in every moment
3. Listen to yourself as well as your client
4. Be curious



Intuition is there, not to be the answer,  
but as the opening to **get curious**

# 5 Principles

1. Everyone wants to be seen, heard, and loved
2. Be truly present in every moment
3. Listen to yourself as well as your client
4. Be curious
5. Listen for the WHO

# 5 Principles

1. Everyone wants to be seen, heard, and loved
2. Be truly present in every moment
3. Listen to yourself as well as your client
4. Be curious
5. Listen for the WHO



Coach the WHAT based on the **WHO**

# 5 Principles

1. Everyone wants to be seen, heard, and loved
2. Be truly present in every moment
3. Listen to yourself as well as your client
4. Be curious
5. Listen for the WHO

