



Sacred Depths **Mastery**

Sacred Depths Mastery Level 2023 **Program Checklist**

Enter "X" When Completed	Calls & Worksheets
	3/28/2023: Introduction and Energetics of the Coaching Relationship - Call
	3/28/2023: Introduction and Energetics of the Coaching Relationship - Worksheets
	4/4/2023: Deep Listening Skills 1- Call
	4/4/2023: Deep Listening Skills 1 Worksheets
	4/11/2023: Deep Listening Skills 2- Call
	4/11/2023: Deep Listening Skills 2- Worksheets
	4/18/2023: Deep Listening Skills Practicum- Call
N/A	4/18/2023: Deep Listening Skills Practicum- Worksheets

Enter "X" When Completed	Calls & Worksheets
N/A	4/25/2023: BONUS: Diversity in Training with Makeda Pennycooke- Worksheets
	5/2/2023: Creating Awareness Skills 1- Call
	5/2/2023: Creating Awareness Skills 1- Worksheets
	5/9/2023: Creating Awareness Skills 2- Call
	5/9/2023: Creating Awareness Skills 2- Worksheets
	5/16/2023: Creating Awareness Skills Practicum- Call
N/A	5/16/2023: Creating Awareness Skills Practicum- Worksheets
	5/23/2023: Breakthrough Questioning Skills 1- Call
	5/23/2023: Breakthrough Questioning Skills 1- Worksheets
	5/30/2023: Breakthrough Questioning Skills 2- Call
	5/30/2023: Breakthrough Questioning Skills 2- Worksheets
	6/6/2023: Breakthrough Questioning Skills Practicum- Call
N/A	6/6/2023: Breakthrough Questioning Skills Practicum- Worksheets

Enter "X" When Completed	Calls & Worksheets
	6/20/2023: BONUS: Call for New & Tentative Practitioners- Call
N/A	6/20/2023: BONUS: Call for New & Tentative Practitioners- Worksheets
	6/27/2023: Visioning 1- Call
	6/27/2023: Visioning 1- Worksheets
	6/27/2023: Visioning and Strategizing Practicum- Call
	6/27/2023: Visioning and Strategizing Practicum- Worksheets
	6/27/2023: Visioning Demo using Visualization - Call
	6/27/2023: Visioning Demo using Visualization - Worksheets
	7/5/2023: Energetics of New Things- Call
	7/5/2023: Energetics of New Things- Worksheets
	7/11/2023: Strategizing- Call
N/A	7/11/2023: Strategizing- Worksheets
	7/18/2023: Coaching Practicum- Call
N/A	7/18/2023: Coaching Practicum- Worksheets

Enter "X" When Completed	Calls & Worksheets
	7/25/2023: Systems & Protocols- Call
	7/25/2023: Systems & Protocols- Worksheets
	7/25/2023: BONUS: Easy-Peasy Legal for Entrepreneurs- Call
N/A	7/25/2023: BONUS: Easy-Peasy Legal for Entrepreneurs- Worksheets
	8/1/2023: Energetics of the Coaching Relationship 2- Call
	8/1/2023: Energetics of the Coaching Relationship 2- Worksheets
	8/22/2023: BONUS: Gender/Inclusion with Stanley Edward - Call
	8/22/2023: BONUS: Gender/Inclusion with Stanley Edward - Worksheets
	8/29/2023: Befriend Your Fear 1- Call
	8/29/2023: Befriend Your Fear 1- Worksheets
	9/5/2023: Befriend Your Fear 2- Call
	9/5/2023: Befriend Your Fear 2- Worksheets
	9/12/2023: Befriend Your Fear Practicum - Call
N/A	9/12/2023: Befriend Your Fear Practicum - Worksheets

Enter "X" When Completed	Calls & Worksheets
	9/19/2023: Resistance Archetypes - Call
	9/19/2023: Resistance Archetypes - Worksheets
	9/19/2023: BONUS: Coaching vs. Therapy with Rea Wright- Call
N/A	9/19/2023: BONUS: Coaching vs. Therapy with Rea Wright- Worksheets
	10/3/2023: Re-Wire Negative Thought Patterns 1 & 2- Call
	10/3/2023: Re-Wire Negative Thought Patterns 1 & 2- Worksheets
	10/10/2023: BONUS: Re-Wire Negative Thought Patterns Practicum- Call
N/A	10/10/2023: BONUS: Re-Wire Negative Thought Patterns Practicum - Worksheets
	10/17/2023: Myth of Perfection- Call
	10/17/2023 Myth of Perfection- Worksheets
	10/24/2023: Wheel of Self-Sabotage- Call
	10/24/2023 Wheel of Self-Sabotage- Worksheets
	11/7/2023: Accountability Tools and Strategies- Call
	11/7/2023: Accountability Tools and Strategies- Worksheets

Enter "X" When Completed	Calls & Worksheets
	11/14/2023: Bonus Training: Money Mindset with Monica Shah- Call
	11/14/2023: Bonus Training: Money Mindset with Monica Shah- Worksheets
	11/21/2023: Being in the Mystery- Call
	11/21/2023: Being in the Mystery- Worksheets
	11/28/2023: Shift Your Relationship with Time 1- Call
	11/28/2023: Shift Your Relationship with Time 1- Worksheets
	12/5/2023: Shift Your Relationship with Time 2- Call
	12/5/2023: Shift Your Relationship with Time 2- Worksheets
	12/12/2023: Radical Self-Love- Call
	12/12/2023: Radical Self-Love- Worksheets
	1/2/2024: Journaling as a Transformational Tool- Call
	1/2/2024:: Journaling as a Transformational Tool- Worksheets
	1/9/2024: Coaching Practicum- Call
	1/9/2024: Coaching Practicum- Worksheets

Enter "X" When Completed	Calls & Worksheets
	1/16/2024: Ritual as a Coaching Tool- Call
	1/16/2024: Ritual as a Coaching Tool- Worksheets
	1/23/24: Next Steps + Closing Ritual- Call
	1/23/24: Next Steps + Closing Ritual- Worksheets

Enter "X" When Completed	Business Building Bonuses
	Sacred Power Program Homestudy – Being Trauma Informed
	Sample Coaching Session
	Authentic Enrollment Conversations Workshop
	Create Your Unique Marketing Message
	Crafting Your Preview Presentations Training
	How To Fill Your In-Person Events

Enter "X" When Completed	Optional
	Certification: Opt-in by September 1, 2023

