



Sacred Depths Certification

Strategizing Self-Quiz

1. New things have a distinct _____
2. What are the four phases of a project and how do they correlate to Nature's seasons?

3. T/F: When starting new things, you should have all the details worked out ahead of time?

4. What is a limiting belief that can come up when a client is starting something new?

5. What is often necessary to start something new?

1) Energy 2) Planting = Spring, Growth = Summer, Harvesting = Autumn, Releasing = Winter 3) False. Visioning, initiation & planting start in the dark. You almost always begin in the mystery. 4) It hasn't worked before, so it won't work now. 5) Starting something new often means letting go of something old.

6. Which of the following is NOT a quality of the elevated inner child or maiden?

- a. Open
- b. Excited
- c. Attached to outcome
- d. Curious & seeing the WONDER in all New Things
- e. No expectation of perfection
- f. Looking for fun

7. New things require a strong _____

8. Define strategizing?

9. T/F: It's important to understand the natural rhythms for your client

10. What are the 6 things every good strategy needs?

6) C – attached to outcome. **7)** Foundation or container. **8)** Strategizing means co-creating a plan, a pathway of action, or a series of next steps to support your clients to execute and follow through on their visions. **9)** True. Understanding your client's natural rhythm helps you know how to strategize a plan for their new project or goal. **10)** A clear goal; a due date for the goal; the guiding feeling; baby steps needed to reach the goal; daily or weekly habits; markers or celebrations that are built in.