



Sacred Depths Mastery

Sacred Depths Mastery Level 2026 Program Checklist

Enter "X" When Completed	Calls & Worksheets
	April 28, 2026: Introduction and Energetics of the Coaching Relationship - Call
	April 28, 2026: Introduction and Energetics of the Coaching Relationship - Resource Sheets
	May 5, 2026: Deep Listening Skills 1- Call
	May 5, 2026: Deep Listening Skills 1 Worksheets
	May 12, 2026: Deep Listening Skills 2- Call
	May 12, 2026: Deep Listening Skills 2- Worksheets
	May 19, 2026: Deep Listening Skills Practicum- Call
	May 19, 2026: Deep Listening Skills Practicum- Quiz

Enter "X" When Completed	Calls & Worksheets
	May 26, 2026: Creating Awareness Skills 1- Call
	May 26, 2026: Creating Awareness Skills 1- Worksheets
	June 2, 2026: OPTIONAL: New & Tentative Practitioners - Call
	June 16, 2026: Creating Awareness Skills 2- Call
	June 16, 2026: Creating Awareness Skills 2- Worksheets
	June 22, 2026: Creating Awareness Skills Practicum- Call
	June 22, 2026: Creating Awareness Skills Practicum - Quiz
	June 30, 2026: Breakthrough Questioning Skills 1- Call
	June 30, 2026: Breakthrough Questioning Skills 1- Worksheets
	July 7, 2026: BONUS (pre-recorded): Diversity in Coaching with Makeda Pennycooke
	July 14, 2026: Breakthrough Questioning Skills 2- Call
	July 14, 2026: Breakthrough Questioning Skills 2- Worksheets
	July 21, 2026: Breakthrough Questioning Skills Practicum- Call

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	July 21, 2026: Breakthrough Questioning Skills Practicum- Quiz
	July 28, 2026: Visioning 1- Call
	July 28, 2026: Visioning 1- Worksheets
	July 28, 2026: Visioning Demo using Visualization - (pre-recorded)
	July 28, 2026: Visioning Demo using Visualization - Worksheets
	July 28, 2026: Visioning and Strategizing Practicum- (pre-recorded)
	July 28, 2026: Visioning Demo using Visualization - (pre-recorded)
	August 4, 2026: Visioning 2 - The Energetics of New Things - Call
	August 4, 2026: Visioning 2 - The Energetics of New Things - Worksheets
	August 4, 2026: BONUS (pre-recorded): The 4 Levels of Learning and Processing
	August 11, 2026: Strategizing - Call
	August 11, 2026: Strategizing - Worksheets
	Sep 8, 2026: Coaching Practicum- Call
	Sep 15, 2026: Systems & Protocols - Call

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	Sep 15, 2026: Systems & Protocols - Worksheets
	Sep 15, 2026: BONUS (pre-recorded): Easy-Peasy Legal for Entrepreneurs- Call
	Sep 22, 2026: Energetics of the Coaching Relationship 2- Call
	Sep 22, 2026: Energetics of the Coaching Relationship 2- Worksheets
	Sep 29, 2026: Befriend Your Fear 1 - Call
	Sep 29, 2026: Befriend Your Fear 1 - Worksheets
	Oct 6, 2026: BONUS (pre-recorded): Gender/Inclusion with Stanley Edward (pre-recorded)
	Oct 13, 2026: Befriend Your Fear 2 - Call
	Oct 13, 2026: Befriend Your Fear 2 - Worksheets
	Oct 20, 2026: Befriend Your Fear Practicum - Call
	Oct 20, 2026: Befriend Your Fear Practicum - Quiz
	Oct 27, 2026: Resistance Archetypes - Call
	Oct 27, 2026: Resistance Archetypes - Worksheets
	Nov 3, 2026: Re-Wire Negative Thought Patterns 1 - Call

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	Nov 3, 2026: Re-Wire Negative Thought Patterns 1 - Worksheets
	Nov 3, 2026: BONUS (pre-recorded): Demo of the Somatic Re-Wiring Technique with Breakdown of Skills
	Nov 10, 2026: BONUS (pre-recorded): Coaching vs. Therapy with Rea Wright (pre-recorded_
	Nov 17, 2026: Re-Wire Negative Thought Patterns 2 - Call
	Nov 24, 2026: Myth of Perfection- Call
	Nov 24, 2026: Myth of Perfection- Worksheets
	Nov 24, 2026: BONUS (pre-recorded): Befriend and Optimize your Inner Perfectionist
	Dec 1, 2026: Wheel of Self-Sabotage - Call
	Dec 1, 2026: Wheel of Self-Sabotage- Worksheets
	Dec 8, 2026:Accountability Tools and Strategies- Call
	Dec 8, 2026: Accountability Tools and Strategies- Worksheets
	Dec 15, 2026: Being in the Mystery- Call
	Dec 15, 2026: Being in the Mystery- Worksheets

Enter "X" When Completed	Calls & Worksheets
	Jan 5, 2027: Shift Your Relationship with Time 1- Call
	Jan 5, 2027: Shift Your Relationship with Time 1- Worksheets
	Jan 5, 2027: Shift Your Relationship with Time 2 (pre-recorded)
	Jan 5, 2027: Shift Your Relationship with Time 2- Worksheets
	Jan 12, 2027: Radical Self-Love - Call
	Jan 12, 2027: Radical Self-Love- Worksheets
	Jan 19, 2027: Journaling as a Coaching Tool - Call
	Jan 19, 2027: Journaling as a Coaching Tool- Worksheets
	Jan 26, 2027: Your Next Steps After Sacred Depths
	Feb 16, 2027: Ritual as a Coaching Tool, Processes for Continuing Clients & Closing Ritual - Call
	Feb 16, 2027: Ritual as a Coaching Tool, Processes for Continuing Clients & Closing Ritual - Worksheets
	Feb 24, 2027: Processes for Continuing Clients and Closing Ritual

Enter "X" When Completed	Business Building Bonuses
	Sacred Power Program Homestudy – Being Trauma Informed
	Sample Coaching Session
	Authentic Enrollment Conversations Workshop
	Create Your Unique Marketing Message
	Crafting Your Preview Presentations Training
	How To Fill Your In-Person Events

Enter "X" When Completed	Optional
	Certification: Opt-in by September 15, 2026